

## Step Therapy

The ClearScript Step Therapy program promotes the cost-effective use of medications when more than one drug is available to treat a medical condition.

### What is Step Therapy?

If you are taking a medication in the Step Therapy program, you are required to try one or more first step drugs before a second step drug is considered for coverage. Talk with your physician about which first step medication might be a good choice for you. A review may be required before a second step drug is covered.

If you have questions about the Step Therapy Program, contact ClearScript Member Services at the number on the back of your ID Card.

**Important Note:** The drugs included on this list may not be covered by all benefit plans. Your benefit plan determines coverage for all medications. Additional coverage restrictions may apply for the medications included on this list. This list is subject to change throughout the year.

Condition / Drug Class	First Step Drugs	Second Step Drugs
<b>Asthma/COPD - Long-Acting Combo Inhalers</b>	History of TWO of the following generics or preferred brands: ADVAIR DISKUS/HFA, BREO ELLIPTA, fluticasone-salmeterol OR SYMBICORT.	AIRDUO RESPICLICK
	Patient is 5 years of age with a trial and failure or intolerance to ONE fluticasone-salmeterol containing product OR patient is 6 years of age or older with a trial and failure or intolerance to any TWO of the following generics or preferred brands: fluticasone-salmeterol containing product, BREO ELLIPTA, SYMBICORT.	DULERA
<b>Asthma/COPD - Long-Acting Inhalers</b>	History of BOTH of the following: INCRUSE ELLIPTA AND SPIRIVA.	SEEBRI NEOHALER TUDORZA PRESSAIR
<b>Asthma/COPD - Short-Acting Inhalers</b>	History of VENTOLIN HFA AND ONE of the following preferred brands: PROAIR HFA OR PROAIR RESPICLICK.	albuterol sulfate hfa levalbuterol tartrate hfa PROAIR DIGIHALER PROVENTIL HFA XOPENEX HFA
<b>Asthma/COPD - Steroid Inhalers</b>	History of TWO of the following: ARNUITY ELLIPTA, FLOVENT DISKUS/HFA, PULMICORT FLEXHALER, QVAR, OR QVAR REDIHALER	ALVESCO ARMONAIR RESPICLICK ASMANEX ASMANEX HFA

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
<p><b>Attention Disorder - Stimulants</b></p>	<p>History of TWO of the following: amphetamine-dextroamphetamine, dexamethylphenidate, dextroamphetamine, methylphenidate, OR VYVANSE.</p>	<p>ADDERALL            ADDERALL XR            ADHANSIA XR            ADZENYS ER            amphetamine            amphetamine sulfate            APTENSIO XR            CONCERTA            DAYTRANA            DESOXYN            DYANAVEL XR            EVEKEO            EVEKEO ODT            FOCALIN            FOCALIN XR            JORNAY PM            KAPVAY            METADATE CD            methamphetamine hcl            METHYLIN            methylphenidate er            MYDAYIS            procentra            QUILLICHEW ER            QUILLIVANT XR            RITALIN            RITALIN LA            ZENZEDI            zenzedi</p>
	<p>History of ONE of the following: amphetamine-dextroamphetamine, dexamethylphenidate, dextroamphetamine, methylphenidate, OR VYVANSE.</p>	<p>ADZENYS XR-ODT            COTEMPLA XR-ODT</p>
<p><b>Cystic Fibrosis - Inhaled Tobramycin</b></p>	<p>History of Bethkis.</p>	<p>KITABIS PAK            TOBI            tobramycin</p>

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
<p><b>Diabetes - Blood Glucose Meters</b></p>	<p>History of BOTH of the following preferred brands of blood glucose meters: ACCU-CHEK AND ONE TOUCH.</p>	<p>2tek  accutrend plus  advanced glucose meter  advocate blood glucose monitor  advocate duo  advocate redi-code  advocate redi-code duo  advocate redi-code plus  agamatrix amp  assure platinum  assure prism multi  blood glucose meter  blood glucose monitoring  blood-glucose meter  caresens n  caresens n voice  caretouch glucose monitoring  caretouch ketone-glucose sys  choicedm clarus  clever chek blood glucose syst  clever choice  clever choice blood glucose sys  clever choice hd glucose syst  clever choice micro  clever choice pro  clever choice talk  contour  contour link  contour next  contour next ez  contour next link  contour next link 2.4  contour next one  control ast  cool blood glucose  cool blood glucose meter  dario blood glucose monitor  diatrue plus  easy plus ii  easy step  easy talk</p>

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Effective 08/14/2020 -- This list is subject to change and does not define coverage. Only your plan can determine benefit coverage.  
Additional coverage restrictions may apply as determined by your benefit plan.

CAPITAL LETTERS = BRAND MEDICATIONS  
lower case = generic medications

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		easy touch glucose monitor easy trak easy-touch easygluco easygluco meter easygluco meter starter kit easymax I easymax ng easymax v speaking easymax v2 element compact element compact v element plus embrace embrace evo embrace pro blood glucose mtr embrace talk evencare evencare g2 evencare g3 evencare mini monitor system evolution blood glucose meter ez smart ez smart plus fora 6 connect multifunctn mtr fora d10 fora d15 glucose-bp monitor fora d20 fora d40d glucose-bp monitor fora d40g glucose-bp monitor fora g20 fora g30a fora gd50 fora gtel multifunctn monitor fora premium v10 fora test n'go voice fora tn'g voice fora v10

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		fora v12 fora v20 fora v30a foracare gd20 foracare gd40a foracare gd40b fortiscare blood glucose syst freestyle flash system freestyle freedom freestyle freedom lite freestyle insulinx freestyle lite meter freestyle precision neo meter freestyle sidekick ii freestyle system gdrive ge100 blood glucose system gluco navii glucocard 01 glucocard expression glucocard shine glucocard shine connex meter glucocard shine express meter glucocard shine xl glucocard vital glucocom blood glucose gojji multi-functional meter goodlife ac-302 glucose meter healthpro glucose monitor iglucose blood glucose monitor infinity infinity voice glucose monitor jazz wireless 2 microdot myglucohealth nova max blood glucose meter on call express meter on call plus meter on call vivid meter

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		on call vivid pal optumrx pharmacist choice precision precision xtra precision xtra ketone-glucose premier blu premier compact glucose meter premier voice premium blood glucose premium v10 presto pro pro voice v8 glucose monitor pro voice v9 glucose monitor prodigy prodigy autocode prodigy pocket prodigy voice quintet quintet ac refuah plus relion all-in-one relion confirm relion micro relion prime reveal blood glucose meter rightest gm100 system rightest gm250s meter rightest gm260 meter rightest gm300 system rightest gm550 system sidekick smart caresens n smart sense monitoring system smartest eject smartest persona smartest pronto smartest protege smartest smart code smartest talking solus v2 sure-test easyplus mini

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		td gold blood glucose monitor td gold voice glucose monitor telcare telcare bgm test n'go true metrix air glucose meter true metrix blood glucose mtr true metrix go true2go blood glucose system trueresult blood glucose system truetrack blood glucose system truetrack smart system ultima ultratrak ultratrak pro ultratrak ultimate verasens blood glucose meter verasens meter starter kit vivaguard ino glucose meter vivaguard ino smart gluc meter wavesense amp wavesense presto

## Step Therapy Medications

Condition / Drug Class	First Step Drugs	Second Step Drugs
<b>Diabetes - Blood Glucose Test Strips</b>	History of BOTH of the following preferred brands of blood glucose test strips: ACCU-CHEK AND ONE TOUCH.	accutrend glucose advanced glucose test strip advanced glucose test strips advocate redi-code advocate redi-code+ advocate test strip agamatrix amp agamatrix presto assure 4 assure platinum assure platinum test strip assure prism multi blood glucose test strip caresens n caretouch test strip choicedm clarus test strips clever choice micro test strip clever choice pro clever choice talk clever choice test strips clever choice voice+ tst strip contour next test strip contour test strip cool glucose test strip dario blood glucose test strip diatrue plus easy gluco g2 easy plus ii easy step easy talk easy touch test strip easy trak easygluco plus easygluco test strips easymax easymax 15 element compact element test strips embrace embrace evo embrace pro test strip embrace talk test strip



**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		evencare evencare g2 evencare g3 evencare mini glucose test str evencare proview test strip evolution test strips ez smart ez smart plus fifty50 test strip fora 6 connect glucose strip fora d15g fora d20 fora d40-g31 test strips fora g20 fora g30-premium v10 test strp fora gd50 test strips fora gtel glucose test strip fora test strip fora tn'g voice test strips fora v10 fora v10-v12-d10-d20 fora v12 fora v20 fora v30a foracare gd20 foracare gd40 fortiscare glucose test strips freestyle insulinx freestyle insulinx test strips freestyle lite test strip freestyle precision neo freestyle test strips ge100 blood glucose test strip genstrip genultimate test strip gluco navii glucocard 01 sensor plus glucocard expression glucocard shine glucocard vital glucocard vital sensor

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		glucocom glucose glucose test strip gojji blood glucose test strip gojji lancet-glucose test strp goodlife ac-302 test strip harmony glucose test strip healthpro glucose test strips iglucose test strip infinity test strips infinity voice test strip micro microdot microdot xtra myglucohealth neutek 2tek test strips nova max glucose test strips on call express test strip on call plus test strip on call vivid test strip optium optium ez optumrx pharmacist choice precision pcx precision pcx plus precision point of care precision q-i-d precision xtra premier test strip premium blood glucose test premium v10 pro voice v8-v9 test strip prodigy no coding quintet quintet ac refuah plus relion confirm-micro relion prime test strips reveal test strip rightest gs100 test strips rightest gs250s test strips rightest gs260 test strips rightest gs300 test strips

**Step Therapy Medications**

Condition / Drug Class	First Step Drugs	Second Step Drugs
		rightest gs550 test strips smart sense test strips smartest test solus v2 test strips sure-test easyplus mini td gold test strip telcare test n'go test strips true metrix glucose test strip true metrix pro test strip truetest test strips truetrack test strip ultima ultratrak ultratrak ultimate unistrip1 verasens test strip vivaguard ino test strip wavesense jazz wavesense presto
<p><b>Diabetic Medications</b></p>	History of ONE of the following: metformin, metformin ER, glipizide-metformin, glyburide-metformin, or pioglitazone-metformin AND ONE of the following: BYETTA, BYDUREON OR BYDUREON BCISE AND ONE of the following: OZEMPIC, RYBELSUS, TRULICITY OR VICTOZA	ADLYXIN
	History of BOTH of the following: HUMALOG (insulin lispro) AND NOVOLOG (insulin aspart).	ADMELOG ADMELOG SOLOSTAR APIDRA APIDRA SOLOSTAR FIASP FIASP FLEXTOUCH FIASP PENFILL INSULIN ASPART INSULIN ASPART FLEXPEN INSULIN ASPART PENFILL INSULIN ASPART PROT- INSULN ASP INSULIN LISPRO INSULIN LISPRO JUNIOR KWIKPEN INSULIN LISPRO KWIKPEN U-100 INSULIN LISPRO PROTAMINE MIX

## Step Therapy Medications

Condition / Drug Class	First Step Drugs	Second Step Drugs
<b>Diabetic Medications</b>	History of ONE of the following: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND ONE of the following: JANUMET, JANUMET XR, JANUVIA AND ONE of the following preferred brands: JENTADUETO, JENTADUETO XR, OR TRADJENTA.	alogliptin alogliptin-metformin alogliptin-pioglitazone KAZANO KOMBIGLYZE XR NESINA ONGLYZA OSENI
	History of TWO of the following: LANTUS, LEVEMIR, TRESIBA AND TOUJEO.	BASAGLAR KWIKPEN U-100
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	BYDUREON BYDUREON BCISE BYDUREON PEN BYETTA OZEMPIC RYBELSUS TRULICITY VICTOZA 2-PAK VICTOZA 3-PAK
	History of ONE of the following: metformin, metformin ER, glipizide-metformin, glyburide-metformin, OR pioglitazone-metformin	FARXIGA GLYXAMBI JARDIANCE SYNJARDY SYNJARDY XR TRIJARDY XR XIGDUO XR
	History of ONE of the following: metformin, metformin ER, glipizide-metformin, glyburide-metformin, OR pioglitazone-metformin AND ONE of the following: FARXIGA, XIGDUO XR AND ONE of the following: GLYXAMBI, SYNJARDY, SYNJARDY XR, TRIJARDY XR OR JARDIANCE.	INVOKAMET INVOKAMET XR INVOKANA QTERN SEGLUROMET STEGLATRO STEGLUJAN
	History of ONE of the following: metformin, metformin ER, glipizide-metformin, glyburide-metformin, OR pioglitazone-metformin.	JANUMET JANUMET XR JANUVIA JENTADUETO JENTADUETO XR TRADJENTA
<b>Epinephrine Auto-Injectors</b>	Trial and failure or intolerance to generic epinephrine	AUVI-Q EPIPEN 2-PAK EPIPEN JR 2-PAK

## Step Therapy Medications

Condition / Drug Class	First Step Drugs	Second Step Drugs
<b>Gout Medications</b>	Trial and failure, contraindication, or intolerance to Colcrys	colchicine GLOPERBA MITIGARE
<b>Mental Health - Depression</b>	History of any TWO of the following: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, OR venlafaxine ER.	BRINTELLIX desvenlafaxine er KHEDEZLA PAXIL TRINTELLIX
<b>Mental Health - Mood Stabilizers</b>	History of ONE of the following: aripiprazole, olanzapine, quetiapine, risperidone OR SAPHRIS	CAPLYTA FANAPT VRAYLAR
<b>Pain Management - Non-Narcotic</b>	History of any TWO of the following: diclofenac, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, OR tolmetin	CAMBIA
<b>Stomach Medications - IBS Constipation</b>	Requires any ONE of the following generics: lactulose, polyethylene glycol AND any ONE of the following preferred brands: Linzess, Movantik, or Symproic	AMITIZA
	History of ONE of the following: lactulose OR polyethylene glycol (PEG)	LINZESS
	History of ONE of the following: lactulose OR polyethylene glycol (PEG) AND LINZESS.	MOTEGRITY TRULANCE
	History of ONE of the following generics: lactulose, polyethylene glycol	MOVANTIK SYMPROIC
	Requires any ONE of the following generics: lactulose, polyethylene glycol AND any ONE of the following preferred brands: Movantik or Symproic	RELISTOR
<b>Stomach Medications - IBS/IBD</b>	History of the following: APRISO ER.	ASACOL HD DELZICOL LIALDA
<b>Stomach Medications - Pancreatic Enzymes</b>	History of BOTH of the following: CREON AND ZENPEP.	PANCREAZE PERTZYE VIOKACE
<b>Topical - Acne Combinations</b>	History of ONE of the following: EPIDUO FORTE OR ONEXTON	ACANYA AKTIPAK BENZAACLIN BENZAMYCIN DUAC VELTIN ZIANA
<b>Topical - Atopic Dermatitis</b>	History of one prescription strength topical corticosteroid.	EUCRISA

## Step Therapy Medications

Condition / Drug Class	First Step Drugs	Second Step Drugs
<b>Topical - Cancer Medications</b>	History of one of the following topical generics: fluorouracil or imiquimod.	diclofenac sodium PICATO SOLARAZE
<b>Topical - Rosacea</b>	Any one of the following preferred generics or brands: ivermectin cream or Soolantra.	FINACEA

# DISCRIMINATION IS AGAINST THE LAW

## Final Rule Under Section 1557 for Nondiscrimination and Accessibility Requirements

We comply with applicable Federal civil rights laws and the Minnesota Human Rights Act. We do not discriminate against, exclude, or treat people differently or deny any person the full and equal enjoyment of the goods, services, facilities, privileges, advantages, and accommodations of a place of public accommodation because of race, color, creed, religion, national origin, marital status, age, disability, sexual orientation or sex.

We provide free aids and services to help people communicate effectively with us, such as:

- Qualified sign language interpreters, call 612-273-3780.
- TTY for hearing and language impaired, dial 711.
- Qualified spoken language interpreters, for people whose preferred language is not English, call 1-844-278-9798
- Written information in other languages and formats (such as large print, audio and accessible electronic formats), call 612-273-3780.

If you believe that we have failed to provide these services or discriminated in another way on the basis of race, color, creed, religion, national origin, marital status, age, disability, sexual orientation or sex, you can file a grievance with your facility in person or by mail, fax or email. The contacts listed below will help you. For a copy of our grievance procedure, go to: <http://www.fvfiles.com/524620.pdf>.

### ClearScript<sup>SM</sup>

Fairview Pharmacy Services

Corporate Office, 711 Kasota Ave. S.E., Minneapolis, MN 55414

Phone: 612-617-3513

Fax: 612-672-5201

Email: [dept-pharm-compliance@fairview.org](mailto:dept-pharm-compliance@fairview.org)

You can also file a non-discrimination complaint with the U.S. Department of Health and Human Services and/or Minnesota Department of Human Rights:

U.S. Department of Health and Human Services, Office for Civil Rights:

- Electronically through the Office for Civil Rights Complaint Portal, available at: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>.
- By mail at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, D.C. 20201.
- By phone: 1-800-368-1019, 800-537-7697 (TDD).
- Complaint forms are available at: <http://www.hhs.gov/ocr/office/file/index.html>.

Minnesota Department of Human Rights:

- Electronically through the MDHR complaint inquiry form, available at <https://b5.caspio.com/dp.asp?AppKey=18a340001049f4ae67b24974b4ec>.
- By mail at: Minnesota Department of Human Rights, 625 Robert Street North, Saint Paul, MN 55155.
- By phone: 651.539.1100 (TTY 651.296.1283) or Toll Free at 800.657.3704.

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## LANGUAGE SERVICES

1-844-278-9798 (TTY: 711) – Available 24 Hours

ATTENTION: Language assistance services, free of charge, are available to you.  
Call 1-844-278-9798.



### Somali

FIIRO GAAR AH: Hadii aad ku hadasho Soomaali, waaxda luqadaha, qaybta kaalmada adeegyada, waxay idiin hayaan adeeg kharash la'aan ah.  
So wac 1-844-278-9798.

### Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.  
Llame al 1-844-278-9798.

## Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-278-9798.

## Arabic

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-844-278-9798.

## Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-844-278-9798.

## Oromo

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-844-278-9798.

## Hmong

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-844-278-9798.

## Chinese

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-844-278-9798。

## Amharic

ማስታወሻ: የግንባታ ቋንቋ አገልግሎት ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1-844-278-9798.

## Cambodian

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-844-278-9798 ។

## Lao

ໂປດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-844-278-9798.

## Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-844-278-9798 번으로 전화해 주십시오.

## French

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-844-278-9798.

## Farsi

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-844-278-9798 تماس بگیرید.

## Karen

ဟံသုၣ်ဟံသး- နမ့ၢ်ကတိၤ ကညီၣ် ကျိၣ်အယံၤ, နမ့ၢ်န့ၢ် ကျိၣ်အတၢ်မၤစၢၤလၢ တလၢၣ်ဘျုးလၢၣ်စ့ၤ နိတမံၤဘၣ်သ့န့ၣ်လီၤ. ကိ: 1-844-278-9798

## Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-278-9798.

## French Creole

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-844-278-9798.

## Polish

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-844-278-9798.

## Portuguese

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-844-278-9798.

## Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-844-278-9798.

## Japanese

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-844-278-9798 まで、お電話にてご連絡ください。

## German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer 1-844-278-9798.